



Omaha Home for Boys
4343 N 52nd St.
Omaha, NE 68104

Dear Parents, Guardians, Referral Sources, Funders & Community,

OHB takes pride in supporting the needs of the whole child, to ensure that all children are safe, supported, engaged, and challenged each day.

Research indicates that initiatives focused on improving aspects of students' well-being in schools—such as addressing childhood obesity, preventing bullying, supporting students mental health, and restricting schools' use of exclusionary discipline—have been found to be successful in improving student success, and academic excellence. We have assessed our wellness policy as part of the USDA requirements. Below are the results of our assessment.

You can locate the full results of our wellness policy assessment on our website at www.ohb.org, as well as our main reception area on our campus in the Youth and Family Services Building. We shared these same results with our community partners via email on 4/1/2024 and mailed these same results to all parents/guardians of our current clients on 4/1/2024. Our Board of Directors received our results via email on 4/1/2024.

Attached you will find our progress made, as well as highlights of our assessment.

If you have any questions, please contact Brandy Gustoff, Chief Operating Officer at bgustoff@ohb.org.

Respectfully,

Brandy Gustoff, Chief Operating Officer



TRIENNIAL WELLNESS ASSESSMENT RESULTS 2023

MEET OUR TEAM

- ❖ Dining Hall Coordinator
- ❖ Education Director
- ❖ Quality Improvement Manager
- ❖ Residential and Crisis Stabilization Specialists
- ❖ Lead Teacher
- ❖ Youth Advocates
- ❖ Minimum of 2 OHB Clients

www.ohb.org



bgustoff@ohb.org



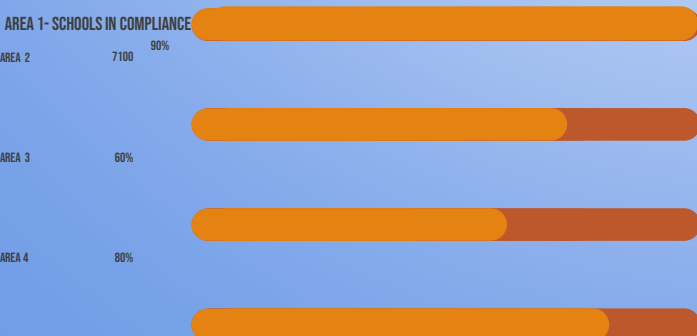
1. POLICY COMPLIANCE RESULTS

- Our Wellness Policy meets 100% of the federal requirements.

2. WELLNESS POLICY GOALS

- Nutrition Education/Promotion
 - Bulletin Information Board
 - Monthly Cooking Class/Lesson
 - Move rewards to non-food and non-beverage
- Physical Activity
 - Go to Rec Center 5 of 7 days during leisure
 - PE Class for 45 minutes each school day
 - Go swimming 1x per week
- Other goals for student wellbeing
 - Increased variety of fruits and veggies on the salad bar
 - Eat breakfast daily

WELLNESS METRICS:



KEY ACHIEVEMENTS:

- Increased to over 75% of youth eating breakfast in Quarter 4 versus 25% in Quarter 1
- 100% of youth present participated in PE Class 5 times per week
- 100% phase out of food & beverages as rewards/incentives in school

Wellness Policy

STRENGTHS

- Youth involvement in menu options.
- Youth engaged in a variety of healthy activities.
- School lessons about food choices and food information.

AREAS OF OPPORTUNITY

- Serving a wider range of vegetables.
- Youth eating breakfast daily.
- Youth following through with carrying their water bottle.

